SOAP 2025 FUNDAMENTALS
SUBSCRIBER INSTRUCTIONS FOR ZOOM LIVE LECTURES &
SELF-PACED ASYCHRONOUS MODULES

Participants will need a computer with an internet connection sufficient for streaming media. The activity is hosted on ZOOM and the SOAP Learning Center (https://soap.mclms.net/en/). Participants will be provided with a link to access the ZOOM and the SOAP Learning Center.

Live Lectures on ZOOM (September 6 & 13, 2025)
Each subscriber will be sent their individual log on credentials for both ZOOM live sessions (September 6 & 13, 2025)

Self-Paced Asynchronous Modules on SOAP Learning Center (September 15-20, 2025)
Each subscriber must log onto the website with their individually assigned log-in credentials. The activity is a self-paced presentation with visuals and audio. The online-module order is as follows
1) Learning Activity
2) Post-test
3) Learner Self Evaluation

All components of the activity are taken online. The assessment and post-test remains locked until the learning module is completed. To receive credit, participants must (1) read the target audience, learning objectives, and disclosure statements, (2) complete the educational activity online, and (3) complete the post-test and activity evaluation.

It is estimated that this activity will take approximately 1 hour and 40 minutes to complete. To receive 2 hours of credit, learner must receive a minimum score of 80% on the post-test. Only 2 attempts are permitted to reach 80% score.

The certificate of completion is available for download once all requirements have been met. The certificate is stored in learner's achievements section of our LMS and can be re-downloaded on demand at any time once they have completed the activity.

Target Audience:
Anesthesiologists & CRNAs

Disclosures:
Individuals involved in the planning, reviewing or execution of this activity have indicated they have no relevant financial relationships to disclose.

Program Description
Research indicates that there are areas in the United States where access to OB Anesthesia care is limited or unavailable. In these areas, the healthcare team may be comprised of obstetricians, family physicians, anesthesiologists, CNRAs, and other medical professionals who are not trained in OB Anesthesia. To fulfill the SOAP mission of advancing and advocating for the health of pregnant women and their babies through research, education, and best practices in obstetric anesthesia care, this program overall goal is to fill the educational needs for these under-resourced areas.

Learning Objectives
At the conclusion of this activity, participants will be able to:

1. Describe the key principles of assessing risk factors, recognizing, and managing maternal hemorrhage using evidence-based practices to support timely intervention, effective communication, and improved maternal outcomes.
2. List key points of obstetric hemorrhage, including risk factors, fibrinogen, and hemorrhage bundles, appropriate transfusion triggers and limiting avoidable blood product usage.
3. Explain evidence-based treatment of Post Dural Puncture Headache.
4. Explain how to diagnose, differentiate and manage patients with hypertensive disorder of pregnancy.
5. Identify and trouble-shoot common labor analgesia issues
6. Describe the role of obstetric anesthesia in supporting safe, timely, and patient-centered postpartum sterilization procedures, and identify strategies to optimize perioperative care and interdisciplinary collaboration.
7. List best practices for anesthesia and perioperative monitoring for patients having non-obstetric surgery during pregnancy.
8. Define Trauma Informed Care, identify intrapartum risk factors and apply evidence-based trauma informed strategies
9. List components of enhanced recovery that can be utilized in OB practices everywhere
10. Define what is a Quality Measure in medicine, how they are evaluated and can be applied to OB Anesthesia.
11. Describe the clinical manifestations of the embolic disorders of pregnancy and appropriate initial treatments.
12. Describe an approach to diagnosis and management of post-childbirth neurological injuries such as catastrophic neuraxial related injuries and obstetric neurologic palsies.
13. Examine the utility of dexmedetomidine in obstetric practice.
14. List the various techniques on obstetric anesthesia presented in the course.