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Preparing For Your Delivery: When do you need to talk to an Anesthesia Provider?

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Certain medical conditions or aspects of your medical history could impact your anesthesia care for delivery of your baby. It is important to have a planning discussion with anesthesia providers well before it is time to have your baby if you have one or more of the following conditions listed on the next page.



Certain medical conditions or aspects of your medical history could impact your anesthesia care for delivery of your baby. It is important to have a planning discussion with anesthesia providers well before it is time to have your baby if you have one or more of the following conditions such as:

- Personal or family history of problems with anesthesia, including:
 - » Allergy to anesthesia drugs
 - » Malignant hyperthermia
 - » Pseudocholinesterase deficiency
 - » History of difficulty placing a breathing tube
- Scoliosis or a history of back surgery
- History of neurological disease, including:
 - » Brain or spine cancer or mass
 - » Multiple sclerosis
 - » Spina bifida
 - » Arnold-Chiari malformation
- History of heart or lung disease
- History of bleeding or blood clotting problems
- If you are taking a blood thinner
- History of a complication from a blood transfusion
- Religious reasons to not get a blood transfusion (like Jehovah's Witness)
- Allergy to anesthesia drugs (e.g. pain medications, numbing medications)
- History of substance use disorder
- History of a complication during a previous delivery
- Complication with this pregnancy (e.g. growth of the placenta into the wall of your uterus, also known as placenta accreta)
- Very short height (e.g. dwarfism)
- High Body Weight (BMI >40)
- Obstructive sleep apnea (snoring)
- If you have a neck mass, like a goiter, or a mass around your heart or lungs
- Myasthenia gravis
- Sickle cell disease
- Ehlers-Danlos syndrome or Marfan syndrome



Ask your obstetrician if you should speak with an anesthesia provider.